

Summer Medium Term Plan Hollinswood Primary School and Nursery


RSHE

Jigsaw

No Outsiders

Expect Respect


PANTS


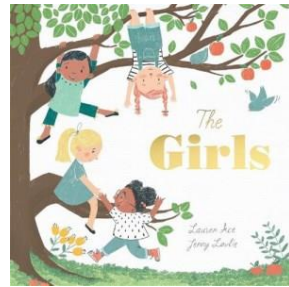
	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>EYFS</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>what a family is.</p> <p>that different people in a family have different responsibilities (jobs).</p> <p>some of the characteristics of healthy and safe friendship.</p> <p>that friends sometimes fall out.</p> <p>that unkind words can never be taken back and they can hurt.</p> <p>some reasons why others get angry.</p> <p>that everyone is different in my class.</p> <p>that I can make friends with anyone.</p>	<p>I know:</p> <p>some ways to mend a friendship.</p> <p>what being angry feels like.</p> <p>I know how to:</p> <p>use Jigsaw's Calm Me to help when feeling angry.</p> <p>identify what jobs I do in my family and those carried out by my parents/carers and siblings.</p> <p>suggest ways to make a friend or help someone who is lonely.</p> <p>use different ways to mend a friendship.</p> <p>use Calm Me when angry or upset</p>	<p>Family Friend Responsibility Kind Unkind Different Angry Calm Me</p>	<p>Text:</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

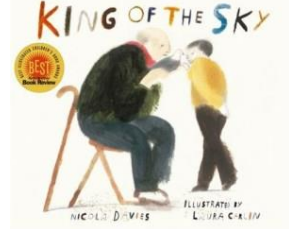
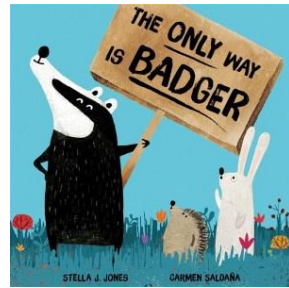
	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>Year 1</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that everyone's family is different. (<i>Mutual Tolerance & Respect</i>)</p> <p>that there are lots of different types of families.</p> <p>that families are founded on belonging, love and care. (<i>Citizenship – 4d</i>).</p> <p>the characteristics of healthy and safe friends.</p> <p>that physical contact can be used as a greeting.</p> <p>about the different people in the school community and how they help. (<i>Citizenship – 2f</i>).</p> <p>who to ask for help in the school community.</p> <p>some of the different ways we get money. (<i>Citizenship – 2i</i>).</p> <p>some of the different forms that money comes in. (<i>Citizenship – 2i</i>).</p>	<p>I know:</p> <p>that I have the right to say no when I don't like something. (<i>Individual Liberty</i>)</p> <p>I know how to:</p> <p>make a friend.</p> <p>express how it feels to be part of a family and to care for family members.</p> <p>say what being a good friend means.</p> <p>show skills of friendship.</p> <p>identify forms of physical contact I prefer.</p> <p>say no when they receive a touch I don't like.</p> <p>praise themselves and others.</p> <p>recognise some of my personal qualities. (<i>Citizenship – 1b,d</i>).</p> <p>say why I appreciate a special relationship.</p> <p>look after money to keep it safe.</p>	<p>Family Friends Belonging Care Physical contact Community Relationship</p> <p>Money Cards Cash</p>	<p>Text: <i>No texts required for this half term.</i></p> <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>Year 2</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that everyone's family is different. (<i>Mutual Tolerance & Respect</i>)</p> <p>that families function well when there is trust, respect, care, love and co-operation. (<i>Citizenship – 4d</i>).</p> <p>that there are lots of forms of physical contact within a family.</p> <p>some reasons why friends have conflicts.</p> <p>that friendships have ups and downs and sometimes change with time.</p> <p>there are good secrets and worry secrets and why it is important to share worry secrets.</p> <p>what trust is.</p> <p>the difference between the things that we need to spend money on and the things that we want to spend money on. (<i>Citizenship – 2i</i>).</p>	<p>I know:</p> <p>the value that families can bring.</p> <p>who I trust in my own relationships.</p> <p>that choosing how to spend our money can sometimes be difficult. (<i>Citizenship – 2i</i>).</p> <p>I know how to:</p> <p>identify the different roles and responsibilities in my family. (<i>Citizenship – 4d</i>).</p> <p>recognise and talk about the types of physical contact that is acceptable or unacceptable. (<i>Citizenship – 1a</i>).</p> <p>use positive problem-solving techniques to resolve a friendship conflict. (<i>Mutual Tolerance & Respect</i>)</p> <p>identify the negative feelings associated with keeping a worry secret.</p> <p>identify the feelings associated with trust.</p> <p>give and receive compliments</p> <p>say who I would go to for help if I was worried or scared.</p> <p>stay stop if someone is hurting me.</p> <p>express how I feel when I have to make a difficult choice.</p>	<p>Family Friends Trust Respect Care Love Physical contact Good secret Worry secret</p> <p>Money Want/Need</p>	<p>Text: <i>No texts required for this half term.</i></p> <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

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<p>Year 3</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that different family members carry out different roles or have different responsibilities within the family.</p> <p>that gender stereotypes can be unfair. (<i>Citizenship – 4e</i>).</p> <p>some of the skills of friendship, e.g. taking turns, being a good listener.</p> <p>some strategies for keeping safe online.</p> <p>how some of the actions and work of people around the world help and influence my life.</p> <p>that I and all children have rights (UNCRC)</p> <p>the lives of children around the world can be different from their own.</p>	<p>I know:</p> <p>that I am connected to the global community in many different ways</p> <p>I know how to:</p> <p>identify the responsibilities I have within my family.</p> <p>use positive problem-solving techniques in a conflict scenario and find a win-win outcome.</p> <p>how to access help if I am concerned about anything on social media or the internet. (<i>Citizenship – 5h, 3f</i>).</p> <p>empathise with people from other countries who may be less fortunate. (<i>Citizenship – 2e, 4b</i>).</p> <p>identify similarities in children’s rights around the world.</p> <p>identify my own wants and needs and how these may be similar or different from other children in school and the global community. (<i>Citizenship – 4b</i>).</p> <p>identify different ways that I can pay for things and keep track of money. (<i>Citizenship – 1f</i>).</p> <p>recognise how and why people decide to spend their money</p>	<p>Roles Responsibility Gender Stereotype Online safety Rights Global Communication Conflict</p> <p>Money Saving Spending</p>	<p>Text: <i>No texts required for this half term.</i></p> <p>Resources/staff subject knowledge: https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

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<p>Year 4</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>what jealousy means.</p> <p>some reasons why people feel jealousy.</p> <p>that jealousy can be damaging to relationships.</p> <p>that loss is a normal part of relationships.</p> <p>that negative feelings are a normal part of loss.</p> <p>that memories can support us when we lose a special person or animal.</p> <p>that change is a natural part of relationships/ friendship.</p> <p>that sometimes it is better for a friendship/ relationship to end if it is causing negative feelings or is unsafe. (Citizenship – 3e).</p> <p>That people can choose what to wear.</p> <p>That different people in my community wear different things. (Citizenship – 4a, f).</p>	<p>I know:</p> <p>that is important to be accepting of others. (Mutual Tolerance & Respect) (Citizenship – 4a, f).</p> <p>I know how to:</p> <p>identify feelings and emotions that accompany jealousy.</p> <p>suggest positive strategies for managing jealousy.</p> <p>identify people who are special to me and express why.</p> <p>identify the feelings and emotions that accompany loss.</p> <p>suggest strategies for managing loss.</p> <p>talk about someone that I no longer see.</p>	<p>Jealousy Relationships Loss Pain/hurt Change</p> <p>Acceptance Differences</p>	<p>Text:</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

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<p>Year 5</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that a personality is made up of many different characteristics, qualities and attributes.</p> <p>that belonging to an online community can have positive and negative consequences. (<i>Citizenship – 3e,f, 5d</i>).</p> <p>that there are rights and responsibilities in an online community or social network. (<i>Rule of Law</i>)</p> <p>that there are rights and responsibilities when playing a game online. (<i>Rule of Law</i>)</p> <p>that too much screen time isn't healthy. (<i>Citizenship – 3a</i>).</p> <p>what a consequence is. (<i>Rule of Law</i>)</p> <p>that all actions have consequences. (<i>Rule of Law</i>)</p> <p>how important friendship is. (<i>Citizenship – 4c</i>).</p> <p>that friendships can sometimes go wrong.</p> <p>different ways that people's spending decisions can affect others and the environment. (<i>Citizenship – 1f</i>).</p> <p>that things have different values.</p>	<p>I know:</p> <p>some strategies for staying safe online/ social media. (<i>Citizenship – 3e,f, 5d</i>).</p> <p>some ways to monitor and reduce screen time.</p> <p>strategies for managing unhelpful pressures online or in social networks.</p> <p>that I have a choice in behaviour I join in with and choose not to join in with. (<i>Rule of Law and Individual Liberty</i>)</p> <p>that people have different attitudes towards saving and spending money, and towards risk.</p> <p>I know how to:</p> <p>stay safe when using technology to communicate with friends.</p> <p>suggest strategies for building self-esteem of myself and others.</p> <p>identify when an online community / social media group feels risky, uncomfortable, or unsafe. (<i>Rule of Law</i>) (<i>Citizenship – 3e,f, 5d</i>).</p> <p>report unsafe online / social network activity.</p> <p>identify when an online game is safe or unsafe. (<i>Citizenship – 3e,f, 5d</i>).</p> <p>show that I value the people around me.</p>	<p>Personality Characteristics Qualities Attributes Online community Social media Social network Screen time Technology</p>	<p>Text:</p>   <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

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<p>Year 6</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that it is important to take care of their own mental health. (<i>Citizenship – 3a</i>)</p> <p>the stages of grief and that there are different types of loss that cause people to grieve.</p> <p>that sometimes people can try to gain power or control me. (<i>Citizenship – 3f</i>).</p> <p>some of the dangers of being ‘online’.</p> <p>that people can get problems with their mental health and that it is nothing to be ashamed of.</p> <p>what immigration means. (<i>Rule of Law</i>) (<i>Citizenship – 2a,e,i</i>).</p> <p>what empathy means. (<i>Mutual respect and tolerance</i>)</p> <p>what freedom of speech means. (<i>Rule of Law & Individual Liberty</i>)</p> <p>that language can be used to persuade people.</p> <p>how important pupil voice is,</p>	<p>I know:</p> <p>ways that I can take care of my own mental health. (<i>Citizenship – 3a</i>)</p> <p>some strategies to manage grief.</p> <p>I know how to:</p> <p>use technology safely and positively to communicate with their friends and family.</p> <p>help myself and others when worried about a mental health problem</p> <p>recognise when I am feeling grief.</p> <p>demonstrate ways I could stand up for myself and friends in situations where others are trying to gain power or control. (<i>Citizenship – 3f</i>).</p> <p>resist pressure to do something online that might hurt me or others.</p> <p>take responsibility for their own safety and well-being.</p> <p>empathise with a person in a different situation to me. (<i>Mutual respect and tolerance</i>)</p>	<p>Mental health Grief Loss Power Control Online safety</p> <p>Immigration Empathy Freedom of speech Individual liberty Voice Language</p>	<p>Text:</p>   <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>