

Summer Medium Term Plan Hollinswood Primary School and Nursery


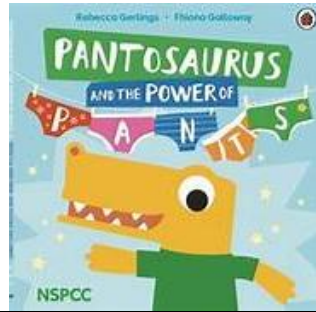
RSHE

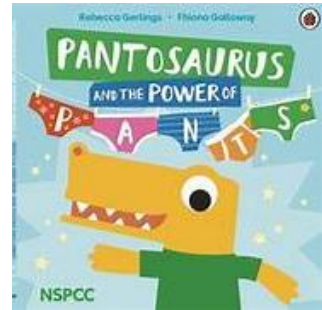
Jigsaw

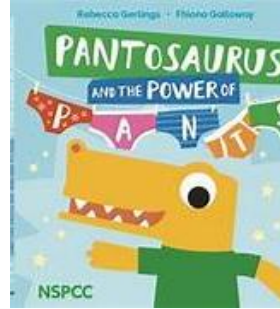
No Outsiders

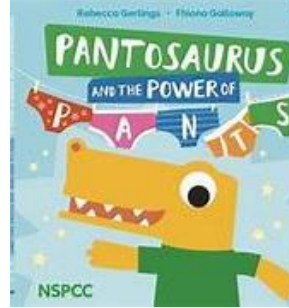
Expect Respect

PANTS

	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>EYFS</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>RSE</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>That toys are not meant for only girls or boys.</p> <p>the names and functions of some parts of the body.</p> <p>that we grow from baby to adult.</p> <p>that sharing how I feel can help solve a worry.</p> <p>that remembering happy times can help us move on.</p>	<p>I know:</p> <p>who to talk to if I am feeling worried.</p> <p>some ways that I have changed from a baby.</p> <p>I know how to:</p> <p>talk about myself and the girls'/boys' toys I like to play with at home and at school.</p> <p>say yes and no. (Individual Liberty)</p> <p>ask questions and check for permission. (Rule of Law)</p> <p>demonstrate aspects of self care, such as washing hands.</p> <p>play co-operatively.</p> <p>discuss what might change for me when I get older.</p> <p>recognise that changing class can illicit happy and/or sad emotions.</p> <p>share how they feel about changing class/ growing up.</p> <p>identify positive memories from the past year in school/ home.</p>	<p>Toys Boys Girls</p> <p>Body parts Feelings – worry, happy Memories Change Growing</p>	<p>Text: Expect Respect text</p>  <p>by Babette Cole</p> <p>Talk PANTS text</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p> <p>https://learning.nspcc.org.uk/research-resources/schools/pants-teaching</p>

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<p>Year 1</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>RSE</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know: the Talk PANTS rules. some everyday rules that help to keep children safe.</p> <p>that animals, including humans, have a life cycle. (Citizenship – 3d).</p> <p>that changes happen when we grow up (Citizenship – 3d).</p> <p>that people grow up at different rates and that is normal.</p> <p>the names of male and female private body parts (Citizenship – 3e).</p> <p>which parts of the body are private and that they belong to that person and that nobody has the right to hurt these.</p> <p>who to ask for help if I am worried or frightened.</p> <p>that learning brings about change.</p>	<p>I know: some ideas about how to deal with negative behaviour and where to go for help. that change is a natural part of getting older. ways to manage change e.g. moving to a new class.</p> <p>I know how to: discuss my feelings about friends in a class group. seek support if I am worried about something. apply the Talk PANTS rules to real-life scenarios.</p> <p>identify some things that have changed and some things that have stayed the same since being a baby (including the body).</p>	<p>Body parts Private Penis Testicles Vagina Vulva Anus Breasts Life cycle Change Grow</p>	<p>Text: Talk PANTS text</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p> <p>https://www.womensaid.org.uk/</p> <p>https://www.childline.org.uk/</p> <p>https://www.nspcc.org.uk/</p>

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<p>Year 2</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>RSE</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that adults care for children and help to keep them healthy and safe.</p> <p>the names of body parts. (<i>Citizenship – 3e</i>).</p> <p>that some parts of the body are private.</p> <p>the Talk PANTS rules.</p> <p>that aging is a natural process including old-age.</p> <p>that some changes are out of an individual's control.</p> <p>how my body has changed from when I was a baby (<i>Citizenship – 3d</i>).</p> <p>that I will continue to change as I age.</p> <p>the physical differences between male and female bodies.</p> <p>that private body parts are special and that no one has the right to hurt these.</p> <p>who to ask for help if they are worried or frightened.</p> <p>there are different types of touch and that some are acceptable and some are unacceptable.</p>	<p>I know:</p> <p>some ideas about what I want to do in the future.</p> <p>that there are stereotypes on which careers are carried about by men or women.</p> <p>that changes will happen and that some can be controlled and others not.</p> <p>I know how to:</p> <p>talk about some of the assumptions made on the basis of gender.</p> <p>identify safe adults.</p> <p>ask for help if something is upsetting or worrying me.</p> <p>express how I feel about changes.</p> <p>show appreciation for people who are older.</p> <p>recognise the independence and responsibilities I have now compared to being a baby or toddler.</p> <p>say what greater responsibilities and freedoms I may have in the future.</p> <p>share what types of touch I find comfortable/ uncomfortable. (<i>Citizenship – 1a</i>).</p> <p>confidently ask someone to stop if I am being hurt or frightened. (<i>Individual Liberty</i>)</p> <p>express what I am looking forward to in the next year.</p>	<p>Body parts</p> <p>Private</p> <p>Penis</p> <p>Testicles</p> <p>Vagina</p> <p>Vulva</p> <p>Anus</p> <p>Breasts</p> <p>Life cycle</p> <p>Change</p> <p>Grow</p> <p>Control</p> <p>Comfortable</p> <p>Uncomfortable</p> <p>Stereotypes</p> <p>Gender</p>	<p>Text:</p> <p>Talk PANTS text</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p> <p>https://www.womensaid.org.uk/</p> <p>https://www.childline.org.uk/</p> <p>https://www.nspcc.org.uk/</p>

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<p>Year 3</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>RSE</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>That somebody's body belongs to them.</p> <p>that, in animals and humans, lots of changes happen between conception and growing up. (<i>Citizenship – 3c</i>).</p> <p>that, in nature, it is usually the female that carries the baby.</p> <p>that, in humans, a mother carries the baby in her uterus (womb) and this is where it develops.</p> <p>that babies need love and care from their parents/carers.</p> <p>some of the changes that happen between being a baby and a child. (<i>Citizenship – 3c</i>).</p> <p>that the male and female body needs to change at puberty so their bodies can make babies when they are adults. (<i>Citizenship – 3c</i>).</p> <p>some of the outside body changes that happen during puberty.</p> <p>some of the changes on the inside that happen during puberty.</p>	<p>I know:</p> <p>some ideas about how to deal with negative feelings and behaviour.</p> <p>where to go for help when I am worried.</p> <p>different types of touch and how it can make people feel.</p> <p>the differences between happy surprises and secrets.</p> <p>who they can talk to about puberty if I have any worries. (<i>Citizenship – 1d</i>).</p> <p>ways to help me manage feelings during changes I am more anxious about.</p> <p>I know how to:</p> <p>share my feelings about arguments.</p> <p>say no to being touched when needed. (<i>Individual Liberty</i>)</p> <p>talk to someone when secrets are upsetting.</p> <p>explain the PANTS rules to others.</p> <p>describe the emotions that a new baby can bring to a family.</p> <p>express how I feel about puberty. (<i>Citizenship – 1d</i>).</p> <p>identify stereotypical family roles and challenge these ideas. (<i>Citizenship – 4e</i>).</p> <p>identify changes I am looking forward to in the next year.</p>	<p>Male Female Changes Birth Babies Mother Uterus Womb Nutrients Puberty Testicles Sperm Penis Ovaries Egg Ovum/Ova Womb/Uterus Vagina Breasts</p>	<p>Text: Talk PANTS text</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p> <p>https://www.womensaid.org.uk/</p> <p>https://www.childline.org.uk/</p> <p>https://www.nspcc.org.uk/</p>

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<p>Year 4</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>RSE</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know: that violence is illegal. (<i>Rule of Law</i>) that children's bodies belong to them. (<i>Individual Liberty</i>) that personal characteristics are inherited from birth parents. that babies are made by a sperm joining with an ovum (<i>Citizenship – 3c</i>). the names of the different internal and external body parts that are needed to make a baby. how the female and male body change at puberty. (<i>Citizenship – 3c</i>). that personal hygiene is important during puberty and as an adult. that change is a normal part of life and that some cannot be controlled and have to be accepted. that change can bring about a range of different emotions.</p>	<p>I know: that 'no' means 'no'. (<i>Individual Liberty</i>) (<i>Citizenship – 3e</i>). some strategies for managing the emotions relating to change. I know how to: share my feelings about violence in a class group. explain the PANTS rules to others. identify examples of appropriate and inappropriate touch. (<i>Citizenship – 3e</i>). seek support if I am worried or concerned about something. appreciate my own uniqueness and that of others. (<i>Citizenship – 1d</i>). express how I feel about having children when I grow up. express any concerns I have about puberty.</p>	<p>Violence Legal Illegal</p> <p>Appropriate Inappropriate</p> <p>Gene Sperm Egg/Ovum Penis Testicles Vagina Womb/Uterus Ovaries Sexual intercourse Fertilise Conception Menstruation</p>	<p>Text: <i>No specific texts used in sessions this half term.</i></p> <p>Resources/staff subject knowledge: https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on. https://www.womensaid.org.uk/ https://www.childline.org.uk/ https://www.nspcc.org.uk/</p>

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<p>Year 5</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>RSE</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know: that some secrets are unhealthy and that it is OK to ask for help. that other people's bodies belong to them and this should be respected. (Individual Liberty) what perception means and that perceptions can be right or wrong. how girls' and boys' bodies change during puberty. (Citizenship – 3c). the importance of looking after myself physically and emotionally. that sexual intercourse can lead to conception. that some people need help to conceive and might use IVF. that becoming a teenager involves various changes and also brings growing responsibility.</p>	<p>I know: ways to boost self-esteem of self and others. that puberty is a natural process that happens to everybody. who I can talk to if concerned about puberty or becoming a teenager/adult. I know how to: share my feelings about secrets and friendship in a class group. challenge language and behaviours that are unacceptable. (Individual Liberty) (Citizenship – 3f). identify when it is right to break confidence or share a secret to keep someone safe. seek help for myself or others. share what I like about my own and others' self- image and body-image. ask questions about puberty to seek clarification. express how I feel about having a romantic relationship when I am an adult. (Citizenship – 1d). express how I feel about having children when I am an adult. (Citizenship – 1d). express how they feel about growing up.</p>	<p>Self-image Body image Self-esteem Perception Consent</p> <p>Above vocab for female puberty. Sperm Testicles/Testes Erection Ejaculation Larynx Hormones Pregnancy Embryo Contraception Fertility treatment (IVF)</p>	<p>Text: <i>No specific texts used in sessions this half term.</i></p> <p>Resources/staff subject knowledge: https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on. https://www.womensaid.org.uk/ https://www.childline.org.uk/ https://www.nspcc.org.uk/</p>

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<p>Year 6</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>RSE</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know: that other people's bodies belong to them and this should be respect. (<i>Individual Liberty & Rule of Law</i>)</p> <p>how girls' and boys' bodies change during puberty.</p> <p>the importance of looking after myself physically and emotionally.</p> <p>how a baby develops from conception through the nine months of pregnancy and how it is born.</p> <p>how being physically attracted to someone changes the nature of the relationship. (<i>Citizenship – 4c</i>).</p> <p>the importance of self-esteem and what they can do to develop it.</p> <p>that mutual respect is essential in a boyfriend / girlfriend relationship. (<i>Citizenship – 4c</i>).</p> <p>what I am looking forward to and what I am worried about when thinking about transition to secondary school.</p>	<p>I know: that the impact of gender stereotypes can be negative. (<i>Rule of Law - Gender</i>) (<i>Citizenship – 4e</i>).</p> <p>ways I can develop my own self-esteem.</p> <p>that nobody should feel pressured into doing something that they don't want to. (<i>Citizenship – 3e</i>).</p> <p>I know how to: speak openly about assumptions underlying stereotypical views of male and female behaviour and how these stereotypes affect me. (<i>Rule of Law - Gender</i>)</p> <p>challenge language and behaviours that are unacceptable. (<i>Individual Liberty</i>)</p> <p>identify when it is right to break confidence or share a secret to keep someone safe.</p> <p>seek help for myself or others.</p> <p>express how I feel about the changes that will happen to me during puberty.</p> <p>celebrate what I like about my own and others' self- image and body-image.</p> <p>prepare myself emotionally for the transition (changes) to secondary school.</p>	<p>Pregnancy Foetus Placenta Umbilical cord Labour Cervix</p> <p>Pressure Love Sexting Consent</p>	<p>Text: <i>No specific texts used in sessions this half term.</i></p> <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p> <p>https://www.womensaid.org.uk/</p> <p>https://www.childline.org.uk/</p> <p>https://www.nspcc.org.uk/</p>