

What do I need to do to get the most from early help?

- Be actively involved in my family plan
- Be open to new ideas and ways of doing things differently
- Tell workers what I think
- Be honest



Early Help for Families

Working with families to make a difference

What will we do with your information?

We work closely with other agencies however we will only ever share information with people who need to know about it and only with your agreement.

There may be times when we will need to talk to others to make sure you and your family are safe. This could be because a child or adult is at risk of harm or if a crime could be prevented.

Contact Abby from the
Inclusion Team at
Hollinswood Primary:

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What is Early Help?

When one person in a family has a problem, it often affects other people in the family. Early help brings together professionals who will work with the whole family to try and improve things for everyone.

How can it help me?

Your voice and views are important and we want to make sure they are heard and understood. We will work alongside you and your family to find out exactly what concerns you and what support you need, building on the strengths you already have.

What help is on offer?

The support may be different for individual members of the family. We can work with you or signpost you in the direction of appropriate support for a range of issues including:

- ◆ Family relationships
- ◆ Behaviours that are challenging
- ◆ Emotional and mental health
- ◆ Healthy relationships
- ◆ Alcohol and drug issues
- ◆ Routines and boundary setting



Step one—Talking to you

Talk to a professional who is already in contact with your family. This might be a health visitor, teacher, community worker etc.



Step two—The Plan

If you decide that early help is for you, the worker will talk and listen to you to find out what the difficulties are and what you would like help with. They will also want to know what is going well for you. The worker may suggest a service or group you could attend and may be able to complete the paperwork to request this with your agreement. If you and the worker agree that there are a range of issues you would like help with, they will ask your agreement to complete an assessment with you.

Step three—Information Sharing

The worker will present your family's needs, agreed with you, from the assessment, to The Wrekin hub. A date will be arranged to review actions suggested.



Step four—The review

Everyone comes back together to see how things are going and if anything needs to change. We'll keep having reviews as long as we need to, so we can make sure the plan is suitable for you and your family.