

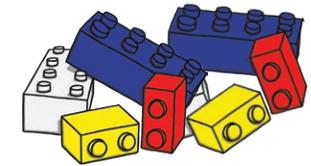
Twenty Minute
**Boredom
Busters**

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Twenty Minute Boredom Busters



Use building bricks to make a vehicle.



Twenty Minute Boredom Busters



Set up an obstacle course in your garden.

Twenty Minute Boredom Busters

Draw a picture of your favourite place.

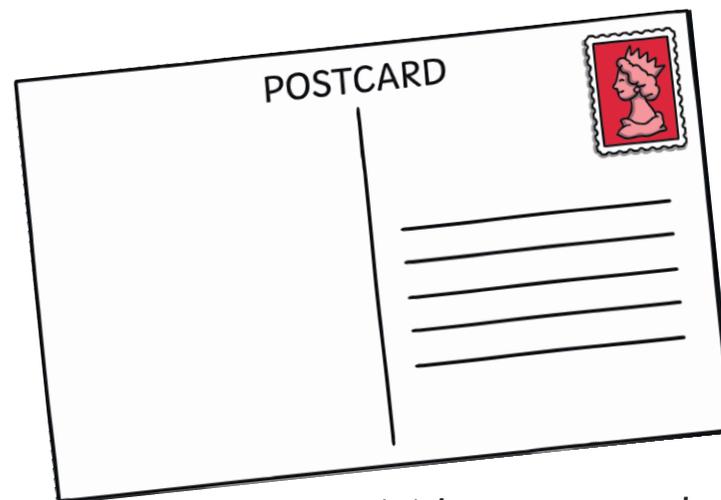


Twenty Minute Boredom Busters

Make up a dance routine to your favourite song.



Twenty Minute Boredom Busters



Write a postcard to a relative.

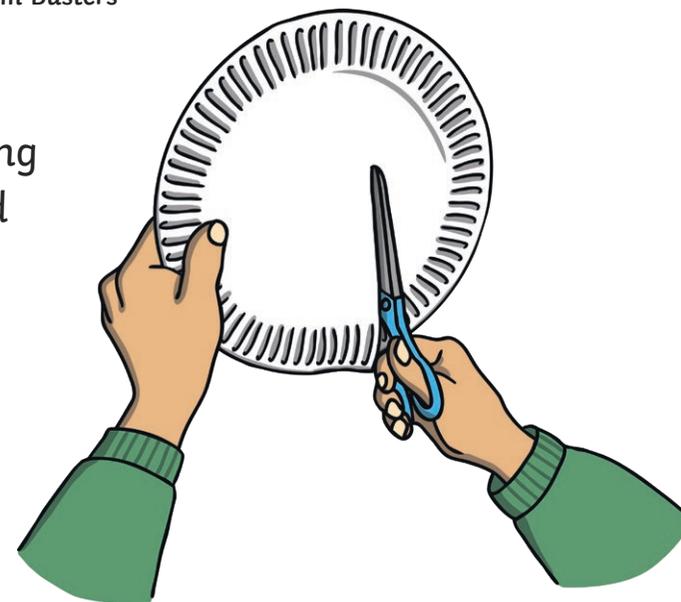
Twenty Minute Boredom Busters



Learn the words of a poem off by heart.

Twenty Minute Boredom Busters

Build something out of recycled materials.

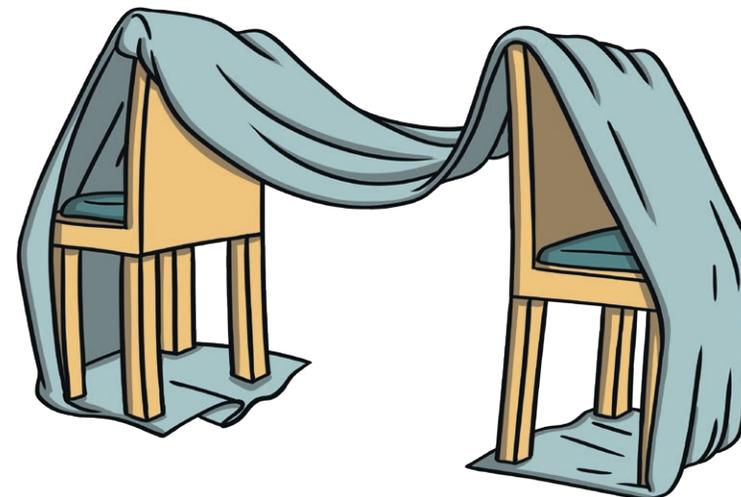


Twenty Minute Boredom Busters

Take two photos on a tablet and edit them.



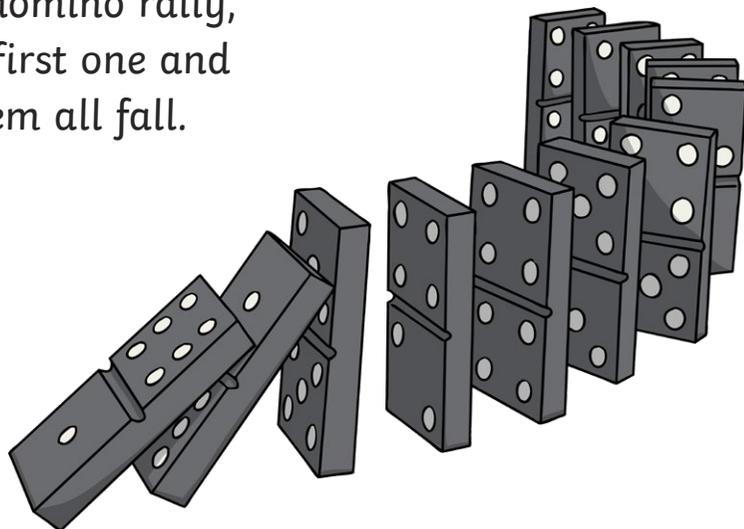
Twenty Minute Boredom Busters



Build a den using blankets and furniture.

Twenty Minute Boredom Busters

Set up a domino rally, push the first one and watch them all fall.



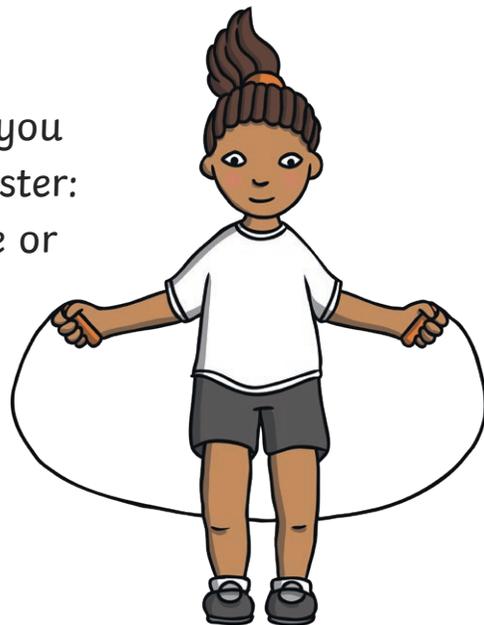
Twenty Minute Boredom Busters

Make a stick puppet of your favourite story character.



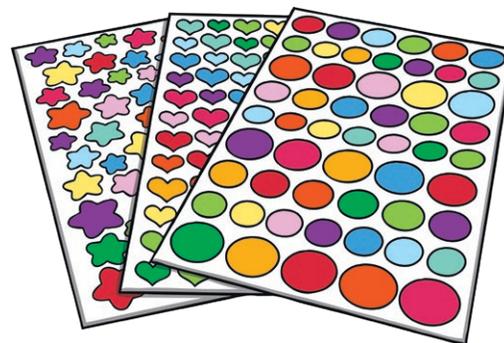
Twenty Minute Boredom Busters

Practise the sport skill you have been trying to master: maybe it's riding a bike or skipping with a rope.



Twenty Minute Boredom Busters

Make your own shaker out of an old pot and some beads or dried food, such as rice or pasta.



Twenty Minute Boredom Busters

Plant some seeds.



Twenty Minute Boredom Busters

Find a quiet corner and read a book.



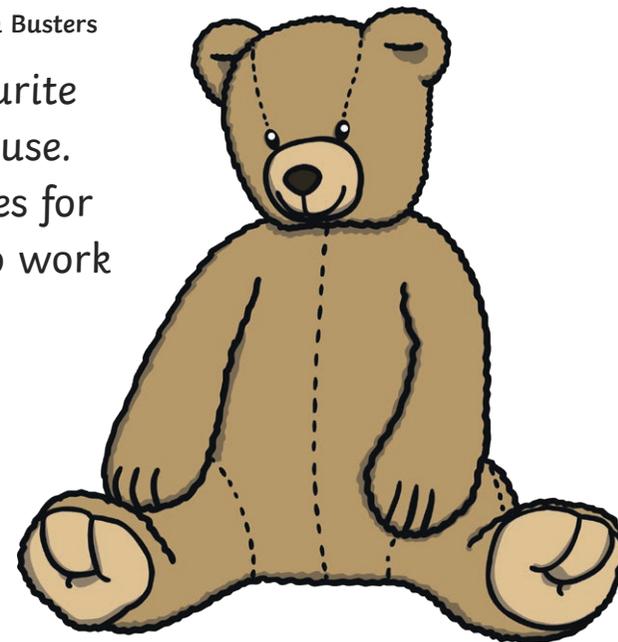
Twenty Minute Boredom Busters



Make some bubble mixture from washing-up liquid and water.

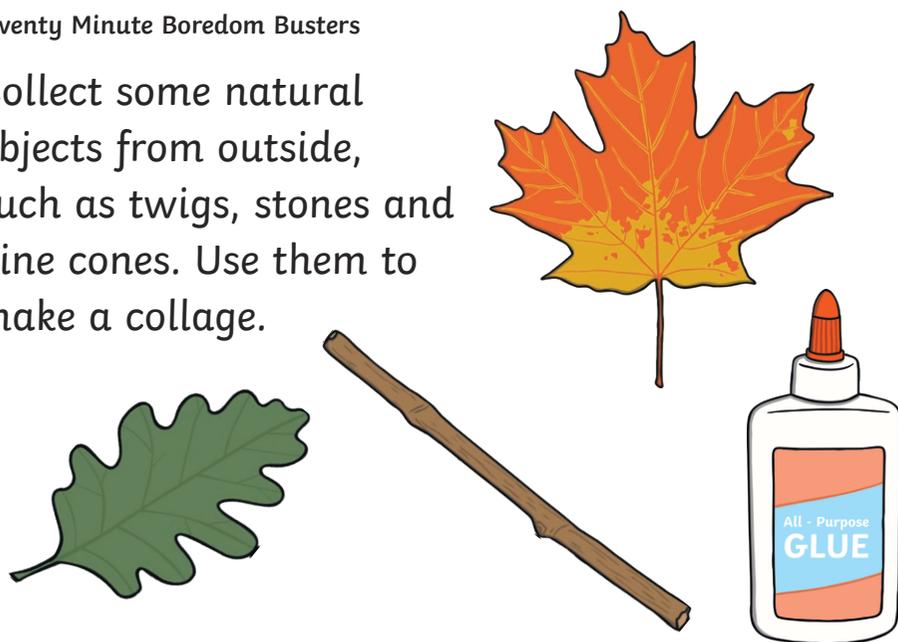
Twenty Minute Boredom Busters

Hide your favourite teddy in the house. Write some clues for someone else to work out where it is.



Twenty Minute Boredom Busters

Collect some natural objects from outside, such as twigs, stones and pine cones. Use them to make a collage.



Twenty Minute Boredom Busters

Make some salt dough by mixing together 2 cups of flour, 1 cup of salt and 1 cup of water.



Twenty Minute Boredom Busters

Paint or draw a
rainbow to put in
your window.



Twenty Minute Boredom Busters

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